

UoB School Enrichment for Year 7

Enrichment is a vital part of our character education curriculum, and these additional learning opportunities enable pupils to put into practice virtues such as courage, curiosity, and resilience.

Our enrichment programme helps pupils to better understand the distinctive relationship we have with our University, as well as trying new cultural experiences that expand their understanding of themselves and the world around them.

Pupils rotate between different enrichment activities on a half termly basis. This is so our pupils can experience all the enrichment opportunities we have on offer and benefit from a breadth of experience. Please see details below.

Once a term pupils will take part in a careers event instead of their usual enrichment. This term, Year 7 will take part in a **‘Careers in Care’ event on Friday 17 October**.

Activity	Term & Form Groups					
	Autumn 1a	Autumn 1b	Spring 2a	Spring 2b	Summer 3a	Summer 3b
My Planet	X1	Y3	Y2	Y1	X3	X2
My Migration Story	X2	X1	Y3	Y2	Y1	X3
My Community	X3	X2	X1	Y3	Y2	Y1
My University	Y1	X3	X2	X1	Y3	Y2
My Magazine	Y2	Y1	X3	X2	X1	Y3
My Movement - Dance	Y3	Y2	Y1	X3	X2	X1

Description of activities:

My Planet

Gain more of an understanding of the importance of our natural world and use civic virtues to explore planet conservation. You will use compassion and empathy when investigating key areas of conservation for example: bees, forests, and endangered animals. You will also get a chance to engage in public speaking as you defend and explain why your given animal deserves conservation! You will also have the opportunity to develop creativity and wisdom as we practice methods of Reduce, Reuse, and Recycle.

My Migration Story

Encouraging pupils to find their "route to roots"- discover your stories, journeys, and past and unlock new identities and understandings. We begin by picking apart 'who we are'- what is our identity, what is it made of, how does it form? We then move onto the idea of 'borders', thinking more openly about what divides us, but more importantly, what unites us. Finally, we look in depth at how migration stories are made, told and discovered, before moving onto our own. You will discover how and why others articulate their stories, before developing your own interactive art piece. You will focus on "challenge", "hope", and "resilience".

My Community

You will develop your knowledge and understanding of civic virtues to help you understand the concept of community. These virtues include citizenship; civility; community awareness; neighbourliness; service; volunteering and are the character traits that are necessary for engaged and responsible citizenship that helps us to contribute to the common good.

My University

Our school is distinct in that it is part of the University of Birmingham. Yet what is a university? Who works there? What makes the University of Birmingham so sought after? What is it like to be a student? These are some of the questions you will try to answer by meeting people at the University of Birmingham on our visits to campus and by being curious. Then you will produce videos that will help to share what you have found out, developing your teamwork and communication skills.

My Magazine

You will work with your peers to produce a short magazine about the University of Birmingham School, the kind you may have liked to read before you joined. You will need to show the virtues of teamwork, communication, and leadership while putting together the final project to make sure it is a success.

My Movement - Dance

Creative Movement by Ascension. Join Ascension in exploring movement inspired by parkour and creative practice. Participants will learn new skills that challenge both physical ability and mental focus in a fun, engaging environment. They will express themselves through tasks designed to develop personal sequences and challenges, putting their new skills into action. The session encourages play, expression, and pushing beyond perceived limits.

UoB School Enrichment for Year 8

Enrichment is a vital part of our character education curriculum, and these additional learning opportunities enable pupils to put into practice virtues such as courage, curiosity, and resilience.

Our enrichment programme helps pupils to better understand the distinctive relationship we have with our University, as well as trying new cultural experiences that expand their understanding of themselves and the world around them. Year 8 pupils rotate between different enrichment activities on a half termly basis in their college groups – please see details below. This is so our pupils can experience all the enrichment opportunities we have on offer and benefit from a breadth of experience.

All pupils will have 5 weeks of swimming lessons, instead of partaking in the rotation below with their college, at the University of Birmingham Sports and Fitness Centre at some point during the year. We will be in touch with you separately via email to inform when your child will be taking part in swimming and the details of the kit required. Once a term pupils will take part in a careers event instead of their usual enrichment. This term, Year 8 will take part in a **‘Careers in Care’ event on Friday 17 October**.

Activity	Term & College Groups					
	Autumn 1a	Autumn 1b	Spring 2a	Spring 2b	Summer 3a	Summer 3b
Classics for All	Barber	Winterbourne	Munrow	Muirhead	Lapworth	Bramall
The Apprentice	Bramall	Barber	Winterbourne	Munrow	Muirhead	Lapworth
Knitting	Lapworth	Bramall	Barber	Winterbourne	Munrow	Muirhead
Build a Green Village	Muirhead	Lapworth	Bramall	Barber	Winterbourne	Munrow
Engineering	Munrow	Muirhead	Lapworth	Bramall	Barber	Winterbourne
The Rep	Winterbourne	Munrow	Muirhead	Lapworth	Bramall	Barber

Description of activities:

Classics For All

Welcome to Classics for All! In this enrichment, you will develop your curiosity as you dive into the world of all that is Classics: the Ancient Greek, Greek Myths and Culture, and Greek Drama. You will develop your curiosity as we explore some of Greece's myths and legends; your perseverance as you embrace your introduction to the Ancient Greek language; and your bravery and confidence as you engage with - and perform - the plays of Ancient Greece. You may even get the opportunity to engage in local competitions and have visitors from the University to come and tell you about all the wonderful things from the classical world. Αρπάζει τη μέρα!

The Apprentice (Money Charity)

Step into the world of business, work as a team, and compete to design and present a creative product idea, but there's a twist! With The Money Charity involved, you'll need to carefully manage your budget and make smart financial decisions along the way. Work together, think on your feet, and use your financial skills to create the best pitch. Can your team impress the judges and show you understand money as well as creativity?

Knitting

No matter your skill level you will be shown how to cast-on, knit, purl and cast-off, creating a number of projects! Once you have learnt the skill of knitting you will be given the option to learn how to crochet as well. A lot of resilience and patience is needed for knitting as knitting is a quite intricate skill.

Build a Green Village

Join our Eco-Village Project, an exciting enrichment activity focused on ambitious designing and building of a sustainable community! This hands-on experience invites you to work collaboratively to create a self-sufficient village that integrates eco-friendly practices, renewable energy, and innovative architecture. You will engage in every aspect of village life—from planning and construction to environmental stewardship, showcasing creativity, innovation and leadership skills.

Engineering

Engineers are the innovators, designers, and makers that support our developing world. They are responsible for the safety of superstructures like the Burj Khalifa and their work on transport is a constant battle to prevent a global standstill. This enrichment aims to uncover the world of engineering and give you an opportunity to discover the vast range of roles within it. You will show curiosity while researching the different engineering disciplines, resourcefulness, and teamwork during group construction projects, confidence when presenting your work for testing, and reflection when you evaluate their success.

The Rep

A drama session led by an experienced drama practitioner from The Birmingham REP Theatre. Sessions are designed to inspire creativity and introduce you to careers in the arts. This is an opportunity to develop many character virtues including confidence, self-discipline, communication, and teamwork.

UoB School Enrichment for Year 9

Enrichment is a vital part of our character education curriculum, and these additional learning opportunities enable pupils to put into practice virtues such as courage, curiosity, and resilience.

Our enrichment programme helps pupils to better understand the distinctive relationship we have with our University, as well as trying new cultural experiences that expand their understanding of themselves and the world around them.

Pupils rotate between different enrichment activities on a half termly basis in their college groups – please see details below. This is so our pupils can experience all the enrichment opportunities we have on offer and benefit from a breadth of experience.

In term 1, all Year 9 pupils will have an introductory 2-hour session for the Bronze Duke of Edinburgh Award that they will all be completing throughout the academic year. This includes an expedition during 'Challenge Week' in July. The Summer Term (3a) will be used to prepare pupils for the expedition. Further details about this will be communicated with you.

Look out for details of college/ pathways events that will take place throughout the year instead of the planned rotations.

Activity	Term & College Groups					
	Autumn 1a	Autumn 1b	Spring 2a	Spring 2b	Summer 3a	Summer 3b
Creating our Stories	Barber	Winterbourne	Munrow	Muirhead	Duke of Edinburgh	Bramall
Music	Bramall	Barber	Winterbourne	Munrow		Lapworth
Crafts	Lapworth	Bramall	Barber	Winterbourne		Muirhead
Exploring French Culture	Muirhead	Lapworth	Bramall	Barber		Munrow
Careers in Healthcare & First Aid	Munrow	Muirhead	Lapworth	Bramall		Winterbourne
Squash	Winterbourne	Munrow	Muirhead	Lapworth		Barber

Description of activities:

Creating our Stories

You will work as artists, using materials like newspapers, nature, street posters, and even recycled materials to explore big questions like: What's true in a world of social media and fake news? What does fairness look like in your life? How do we care for the planet? Who are you, and how do your culture, beliefs, shape your view of the world? You'll be inspired by Brummie artists, including: *The Singh Twins* (bold pattern showing justice), *Luke Jerram* (huge public sculptures), *Mahtab Hussain* (identity photography), *Bill Posters* (street art + truth), and real community artists. You will create a mini portfolio of artworks, choose your favourite, and share it in a final gallery-style presentation showing off your ideas, your voice, and your story. You just need your imagination, your values, and the courage to be creative.

Music

Do you know just how many careers link with work in the music industry? Law, sound engineering, music production, journalism, stage production, event management... the list is endless! This enrichment will explore some of the many pathways into the music industry, from performance and production to behind-the-scenes roles. You will practice the virtues of curiosity, courage, resilience, and creativity - all skills that can help you succeed in your future.

Crafts

We will be trying out various craft activities including origami, bracelet making, and paper quilling. You will have the opportunity to try each craft and enjoy exploring your creativity. Perhaps you'll find a new hobby or enjoy sharing your craft skills with others! You'll have the opportunity to develop your curiosity, resilience, and appreciation of beauty.

Exploring French Culture

You will dive into various aspects of French culture from music, films and TV shows, games, exploring other francophone cultures and, of course, French food! Sessions will feature a mix of classroom learning, project-based exploration and practical activities, such as playing French playground games, creating a French song and tasting French delicacies! These sessions go beyond the language taught in French lessons: they cultivate confidence through expressing personal thoughts and creative projects, curiosity by exploring a diverse French-speaking world, respect and tolerance through thoughtful discussions of social and cultural norms, and resilience by tackling complex challenges as a team.

Careers in Healthcare and First Aid

You will have the opportunity to explore careers across the breadth of healthcare. There will be opportunities to show curiosity by meeting professionals in a wide variety of careers, and you will have the chance to reflect on your own skills and passions and how these fit into healthcare. You will also show bravery and curiosity by learning new first aid skills.

Squash

You will learn how to play squash, using the world class facilities at the prestigious Edgbaston Priory Club. Coached by an experienced and professional squash coach over the 6 weeks, you will gain an understanding of the rules of the game, improve your fitness and develop your agility, hand eye coordination, and teamwork skills.

UoB School Enrichment for Year 10

Enrichment is a vital part of our character education curriculum, and these additional learning opportunities enable pupils to put into practice virtues such as courage, curiosity, and resilience.

Our enrichment programme helps pupils to better understand the distinctive relationship we have with our University, as well as trying new cultural experiences that expand their understanding of themselves and the world around them.

Year 10 pupils rotate between a different enrichment activity each week so they can experience all the enrichment opportunities we have on offer and benefit from a breadth of experience. Pupils will be told during form time what activity they will be taking part in each week.

The King's Trust

This half term all Year 10 pupils will be taking part in the King's Trust Enterprise Challenge. This takes place over three weeks. Pupils will work in small groups with a mentor from a local business to create their own business pitch. The winning teams will have the opportunity to continue to develop their business ideas during enrichment and present at a regional final in the Spring term. If successful they may even get to take part in the National Finals in London.



Mini research project

In Spring term 2a all Year 10 pupils will get to complete a mini research project; this is like an EPQ (Extended Project Qualification) that pupils can decide to do in Sixth Form. They will choose the theme of the project and will work by themselves to research and create a poster that they will present in a poster presentation at the end of the half term. Posters will be judged by PhD students from the University of Birmingham.

Rotation activities this term:

American Football

Join in with the fast, fun, and action-packed sport of American Football! In this session, you will learn the basics of throwing, catching, and teamwork through exciting games and challenges. No experience needed – just bring your energy and enthusiasm! You will need courage to take on new skills, teamwork to work with others, and resilience to keep going when it gets tough. Most of all, you'll have fun while discovering a sport that's all about speed, strategy, and spirit.

Build a Business

You will work in groups to complete a number of tasks in relation to businesses and entrepreneurs, and one key activity of developing and presenting a business idea. You will consider several business areas such as the importance of having a clear target market, appropriate market research, effective marketing, profit targets, and suitable sources of finance. There will be opportunities for you to practice a range of virtues including leadership, teamwork, courage, and confidence.

Textiles

You will gain hands-on experience in a wide range of sewing skills, from basic stitching to the use of sewing machines. You will also explore creative textile techniques such as tie-dye and batik. Throughout the programme, you will have the opportunity to design and produce functional products, allowing them to showcase their creativity while developing practical skills. In addition, this enrichment will support the enhancement of problem-solving abilities, creativity, and technical confidence in an educational environment.

Media & Advertising

You will be introduced to how advertising influences the way people think, make choices, and engage with products. We will look at the techniques used in successful adverts, such as persuasive language, slogans, colour psychology, and the use of imagery to capture attention. You will then use your creativity on Canva to design your own advertising poster of a product of your choice. You will also learn about the potential career paths in media and advertising, from marketing and design to digital content creation and branding.

Fitness for Life

Fitness and Conditioning in the Activity Studio. There is strong scientific evidence that being physically active can help you lead a healthier and happier life. It's well-known that physical activity can boost self-esteem, mood, sleep quality and energy, as well as reducing your risk of stress. You will learn how to use a range of fitness equipment in our newly refurbished Activity Studio. This will equip you with the confidence to exercise outside of School and after education into adult life.

Global Challenges

You will apply your civic virtues to look at case studies from around the world. We will focus on a diverse range of issues ranging from health and disease, agriculture, and local cultures. For example, why are some diseases endemic in some places but not others? Why do some countries not have a national language and how can different languages coexist? You will develop virtues such as respect, compassion, and empathy together with intellectual virtues such as critical thinking and reasoning.

UoB School Enrichment for Year 11

Enrichment is a vital part of our character education curriculum, and these additional learning opportunities enable pupils to put into practice virtues such as courage, curiosity, and resilience.

Our enrichment programme helps pupils to better understand the distinctive relationship we have with our University, as well as trying new cultural experiences that expand their understanding of themselves and the world around them.

Year 11 pupils rotate between different activity each week so they can experience all the enrichment opportunities we have on offer and benefit from a breadth of experience. Pupils will be told during form time what activity they will be taking part in each week.

Description of activities:

Ballad Writing

Thanks to Tennyson, we all remember The Charge of the Light Brigade, but who on earth was Stagger Lee? And who didn't like Mondays and why was Hattie Carroll's death so Lonesome? In this enrichment, we will look at some popular ballads from the past and the real stories that inspired them; we will take the key features of the ballad form and use them to write and perform our own ballads about a real story from our times. You will build your skills in prosody (the patterns of rhythm and sound used in poetry), your confidence and your creativity!

Tennis

In this session, you will learn how to play Tennis down at our local Tennis Club. With first-hand experience with a fully qualified Tennis Coach and top facilities, this is certainly an enrichment you want to fully engage with! In one whole session, you will gain basic skills within the sport, providing you with insight into the world of Roger Federer and Serena Williams!

Social Sciences on Screen

Explore sociological and psychological theory through film. Themes such as societal injustice, inequality, psychological harm, and functioning will be showcased and discussed in-depth to introduce you to these two disciplines of thought.

Multi Sports

In this enrichment, you will have the opportunity to boost your physical activity within school. This session takes place outside on the MUGA pitch (Multi-Use Games Area), where all pupils are given, and expected, to take part in the 'sport of the week'. The aim of this session is to give pupils dedicated time to promote physical health, social skills, and opportunities to relieve stress and anxiety.

Nature and the Romantics

You'll have the chance to step outside the classroom and experience the natural world as the Romantics once did, noticing details often overlooked in everyday life. Together we'll explore how the beauty and power of nature can stir emotion and spark ideas. You'll also be invited to capture your own impressions in a creative and imaginative way, drawing on the Romantic spirit. This session will help you see how the natural world shapes art and thought.

Politics

Who decides what we can and cannot do in life? Who says that we can join the armed forces at 16 but cannot watch certain films until you are 18? What can you do if you disagree with certain laws? Questions such as these are the heart of Politics. This enrichment course is an introduction to Politics in general: What is it? How does it affect us? The course then gives an overview of the answers to these questions in the UK before considering how far pupils think our current system is fit for purpose.

UoB School Enrichment for Year 12

Enrichment is a vital part of our character education curriculum, and these additional learning opportunities enable students to put into practice virtues such as courage, curiosity, and resilience.

Students rotate between different enrichment activities on a weekly basis so they can benefit from a breadth of experience.

This term all students will complete enrichment with their form groups. They will rotate between activities shown in the table below each week.

Please note, students taking part in the Spin Class at the University of Birmingham are expected to make their way there independently, where they will be met and registered by a member of school staff. At the end of the session, they will be dismissed by school staff from the venue. Details of how to get there will be shared with students during form time and on ClassCharts. For all other activities students are to return to Sixth Form after lunch to take part in the activities and will be dismissed from Sixth Form at the end of the day.

Description of activities:

Cooking on a Budget

An engaging enrichment that provides you with essential cooking skills and basic recipes that will help you when you head to university or move away from home. You'll learn how to prepare delicious, nutritious meals while keeping costs low, mastering techniques such as meal planning and budgeting. In addition to developing your culinary skills, you'll also develop key character virtues such as responsibility, as you manage your time and resources effectively; resilience, by overcoming challenges in the kitchen and adapting to new situations; and self-discipline, as you stick to a budget and make mindful choices about your meals.

Debate

Is it unethical to eat meat? Should violent video games be banned? Should the death penalty be completely abolished? These are just some of the questions you may consider in debating enrichment. Gain opportunities to practice your research and oracy skills through participation in a formal class debate, whilst practising the virtues of respect, compassion, critical thinking, and curiosity. Work together as a team to build the strongest case you can, ready for a class vote on the most compelling argument.

Keeping Bodies Healthy

Students will be looking into a variety of factors that can help maintain a healthy body. Examples of these are the basics of nutrition and exercise, with a look on how to fuel a healthy body and the dangers of processed foods, the importance of sleep, the importance of being able to control breathing, and the negative impact of drugs on the body. We will also be looking into hormones and how these can affect how the body is working and utilising the knowledge of these hormones to get the most out of our bodies and how to listen to our body's signals.

Spin Class at UoB

A dynamic indoor cycling experience designed to elevate heart rates, boost endurance, and ignite motivation—all without ever leaving the room. Set to energizing music and led by an

enthusiastic instructor, each session combines intense cardio, resistance training, and rhythmic movement to create a full-body workout that challenges both body and mind. Taking place at the UoB Fitness Centre, giving you a first-hand experience of what a gym class truly is.

Politics & Power

In this enrichment, we will examine how politics effects our everyday lives and what role young people can play in trying to influence politics as citizens in the community. Politics and Power will give you the chance to enhance critical thinking skills and develop curiosity by arriving at evidence-based evaluations. You will develop critical communication skills to demonstrate teamwork and leadership, helping you to influence others.

Decode the Frame

We invite you to see films in a completely new way. Together we'll uncover how directors use camera angles, sound, lighting, and editing to guide our emotions and shape the stories we watch - often without us even realising it. By the end of the session, you'll never look at a film scene the same way again. You'll be practising curiosity as you ask questions about how film language works, critical thinking as you analyse the techniques used, and confidence as you share your interpretations with others. You'll also build collaboration skills by discussing and debating film clips in groups. This session is about enjoying film on a deeper level and realising that every frame is carefully designed to make you think and feel in a certain way.

Vision in Verse

Students will explore the fascinating relationship between source material and screen adaptations. Through case studies such as Mean Girls (inspired by the non-fiction book Queen Bees and Wannabees) and Apocalypse Now (a reimagining of Joseph Conrad's Heart of Darkness), pupils will examine how writers and filmmakers draw on diverse sources - literary, artistic, and journalistic - to create compelling narratives for film. Students will then receive a curated Source Material Booklet featuring a selection of short stories, poems, articles, and artworks. Using this as creative stimulus, they will develop their own original film concept. The enrichment culminates in each student pitching their film idea to the group, developing both their analytical thinking and creative presentation skills.

Embroidery

Embroidery is more than just stitching - it is a mindful and creative practice that allows you to slow down, focus, and express yourself through art. You will learn the basic stitches whilst also developing your creative skills. In this enrichment you will need and learn several virtues such as patience, as this is a craft that takes time and care, resilience, and lots of artistry. By the end of the session, not only will you have developed a new life skill that can come in handy in day-to-day life, but you will have also experienced how embroidery can support focus, self-expression, and wellbeing.

UoB School Enrichment for Year 13

Enrichment is a vital part of our character education curriculum, and these additional learning opportunities enable students to put into practice virtues such as courage, curiosity, and resilience.

Students rotate between different enrichment activities on a weekly basis so they can benefit from a breadth of experience.

This term all students will complete enrichment with their form groups. They will rotate between activities shown in the table below each week.

Please note, students visiting the Birmingham Museum and Art Gallery are expected to make their own way to the venue, where they will be met and registered by a member of school staff. At the end of the session, they will be dismissed by school staff from the venue. Details of how to get there will be shared with students during form time and on ClassCharts. For all other activities students are to return to Sixth Form after lunch to take part in the activities and will be dismissed from Sixth Form at the end of the day.

Description of activities:

Art Gallery

Students will visit Birmingham Art Galleries to explore world-class art and culture. Students will develop their curiosity, critical thinking, and creativity while broadening their cultural capital. The visits also encourage character virtues such as respect, reflection, and resilience, alongside valuable life skills like independence, teamwork, and confidence in new settings.

AI & Responsibility

This enrichment will help you learn how to use Artificial Intelligence in a safe and responsible way. You will look at some common myths about AI and explore useful AI tools for your studies. You will also learn about the JCQ rules on using AI in coursework, so you know what is allowed and what is not. The aim is to help you use AI wisely to improve your learning while keeping your work honest and fair.

Jewellery Making

Jewellery making is not just about creating accessories; it's a blend of creativity, precision, and a deep understanding of materials, allowing students to convey emotions and cultural identities through their work. Jewellery making is an art that involves transforming raw materials into beautiful pieces of artistry. The process begins with brainstorming and taking inspiration from various sources, leading to the creation of mood boards and initial sketches. Students will create jewellery using materials metal alloys, as well as gemstones that enhance the piece's beauty. Techniques include traditional handcrafting methods and modern digital methods, allowing for a wide range of designs and styles.

Pickleball

A delightfully unconventional racquet sport that marries elements of tennis, badminton, and table tennis into one! Played on a court roughly one-third the size of a tennis court, this game features paddles that resemble oversized table tennis bats and a perforated plastic ball that floats through the air with unexpected grace. Before you ask, no pickles are in fact involved.

Problem Solving

Being able to think strategically and outside the box are key skills to take forward into many careers and lots of aspects of life. Tackling challenging problems in mathematics is a great way to get your minds engaged! You will be working in teams to come out on top and beat the competition. A-level maths is not required!

Escape Room Challenge

In this enrichment you will be work in a team to solve a series of puzzles and break into a passcode protected online vault. You will need to use your perseverance and critical thinking to think outside the box to solve the mystery.

Current Affairs

The art of debate involves inviting views that differ from our own, encouraging reflection and insight into the world we live in, and hopefully contributing to making it a better place. To become skilled in debate, you need to develop the skills of oracy, critical thinking, and teamwork to effectively present a coherent and well-justified case. Throughout this enrichment, we will tackle topical and contemporary issues, challenging you to think critically about your own position. After focusing on the structure of a debate and allowing time for research and planning, we will engage in a whole-class debate on issues such as lowering the voting age, social media use, and the NHS. During this enrichment, you will cultivate the virtues of respect, compassion, critical thinking, and curiosity - deepening your understanding of current issues and reflecting on perspectives different from your own.

Quiz Show

A series of questions and challenges, but not your usual Friday night quiz nights. Work in your teams to solve quirky quiz show games that are not just knowing an answer to a question but being able to spot connections, guess sensibly, and speak gibberish convincingly.