

WEEK ONE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION #1

OPTION #2

ON THE SIDE

DESSERT OF THE DAY

CLASSIC BEEF BOLOGNAISE

With Garlic Bread

THAI GREEN CHICKEN CURRY

WITH 50/50 RICE

ROAST CHICKEN

with Roast Potatoes and Gravy

MEXICAN BEEF CHILLI

with 50/50 Rice or Soft Tacos



Peri Peri Chicken Sub
Dusted Wedges

AUTUMN VEGETABLE RISOTTO

STICKY SOY AND HONEY NOODLES

CHEESE AND POTATO WHIRL
with Roast Pots

MEXICAN VEGETABLE RICE

BBQ Quorn & Cheese Sub
Dusted Wedges

Green Beans
Carrots

Pineapple Salsa & Slaw

Cauliflower Peas

Sweetcorn Roasted Broccoli

House Slaw
Chilli Mint Peas
Super Grains

PINEAPPLE UPSIDE DOWN CAKE
with Custard

OATY COOKIE

PLUM & VANILLA CRUMBLE
with Custard

SCHOOL CAKE

LEMON DRIZZLE SPONGE

ALSO AVAILABLE!

FILLED JACKET POTATOES

CHECK OUT...

OUR HOT AND COLD GRAB & GO SELECTION

MENU KEY

ADDED PLANT PROTEIN VEGAN OPTION SOURCE OF WHOLEMEAL

ALLERGIES

PLEASE SPEAK TO A MEMBER OF STAFF IF YOU HAVE AN ALLERGY AND NEED TO KNOW WHAT'S INSIDE OUR FOOD DISHES. THEY WILL ADVISE YOU OF YOUR AVAILABLE CHOICES.

WEEK TWO

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION #1

OPTION #2

ON THE SIDE

DESSERT OF THE DAY

MACARONI CHEESE
With Toppings

QUORN AND BLACK BEAN FAJITAS
with Rice

Roasted Butternut Squash
Cauliflower

BLONDIE WITH BERRIES

STREET FOOD

SPICY CHICKEN
With Khobez and Tabbouleh Salad

HOUMOUS AND FALAFEL
With Khobez and Tabbouleh Salad

Red Cabbage Slaw and Roasted Chickpea Salad

SYRUP SPONGE
with Custard

BUTCHERS SAUSAGE & MASH
with Onion Gravy

VEGGIE SAUSAGE & MASH
with Onion Gravy

Broccoli Sweetcorn

APPLE & CHERRY OATY CRUMBLE
with Custard

HOT WOK CHICKEN NOODLES

BLACK BEAN VEGETABLES
with Rice

Carrots Green Beans

CHOCOLATE SHORTBREAD CAKE



WING ROULETTE
Peri Peri Dusted Wedges

ROASTED PERI PERI CHICKPEA & BEAN WRAP

House Slaw
Chilli Mint Peas
Super Grains

PEAR UPSIDE DOWN CAKE

ALSO AVAILABLE!

FILLED JACKET POTATOES

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 **SOURCE OF WHOLEMEAL**

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WEEK THREE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION #1

OPTION #2

ON THE SIDE

DESSERT OF THE DAY

VEGETARIAN
THAI NOODLES

VEGAN
MEATBALL
PASTA BAKE

Green Beans
Sweetcorn

WARM BANANA
FLAPJACK

MEATBALLS
IN TOMATO
SAUCE

with Spaghetti

VEGETABLE
BIRYANI

Broccoli
Roasted
Vegetables

VANILLA SPONGE

THE CLASSIC
ROAST DINNER

Seasonal
vegetables roast
potatoes

ROAST QUORN,
with
Seasonal
vegetables
Roast potatoes

Roasted Carrots
Red Cabbage

JAM SPONGE
with Custard



CHICKEN
KORMA

with 50/50 Rice

SWEET POTATO,
CHICKPEA &
SPINACH TIKKA
with 50/50
Rice

Roasted
Cauliflower &
Sambals

STICKY TOFFEE
APPLE CRUMBLE
with Custard



BBQ CHICKEN
WRAP

Dusted Wedges

Peri Peri Quorn
& Cheese Wrap
with
Dusted Wedges

House Slaw
Chilli Mint Peas
Super Grains

BERRY CRUMBLE
CAKE

ALSO AVAILABLE!

FILLED JACKET
POTATOES

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GRAB & GO SELECTION

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